

Coca - Cola National Athletics Championship - 3/26/2010 to 3/27/2010

Track & Field

Windhoek Independence Stadium

Results

Event 1 Girls 12-13 Javelin Throw 500gr

NSSU: 34.24m #

Name	School	Finals
1 10 Mans, Zandalee	Oshikoto	26.40m 10
2 2 Potgieter, Chris - Mari	Oshikoto	24.77m 8
3 484 Theron, S	Otjondjupa	24.11m 6
4 750 Van Wyk, Melissa	Khomas	24.00m 5
5 255 Labuschagne, A	Hardap	21.37m 4
6 771 Green, Lizette	Omaheke	20.09m 3
7 794 Mbatara, Vesemba	Omaheke	18.02m 2
--- 364 Sikuke, Muleka	Erongo	ND

Event 2 Boys 12-13 Discus Throw 1kg

NSSU: 28.65m # 3/26/201 Wido Weiss

Name	School	Finals
1 732 Weiss, Wido	Khomas	28.65m# 10
2 728 Swanepoel, Arno	Khomas	27.63m 8
3 17 Van Der Berg, Jandre	Oshikoto	26.92m 6
4 422 Niemann, Eugene	Erongo	25.26m 5
5 295 Alexander, Duane	Hardap	23.53m 4
6 16 Ras, Christiaan	Oshikoto	20.35m 3
--- 668 Geingob, Karl	Kunene	ND
--- 296 Von Wielligh, W	Hardap	ND
--- 667 Kheimiseb, Inced	Kunene	ND

Event 3 Girls 14-15 High Jump

NSSU: 1.58m #

Name	School	Finals
1 141 Beukes, Abrille	Khomas	1.53m 10
2 142 Shikalepo, Eunice	Khomas	1.50m 8
3 26 Kambanda, Enzel	Oshikoto	1.47m 6
4 143 Rali, Ancha	Khomas	1.47m 5
5 22 Bester, Chene	Oshikoto	1.44m 4
6 261 Liebenberg, Marli	Hardap	1.44m 3
7 263 Van Wyk, Erne	Hardap	1.41m 2
8 656 Diekmann, Anne	Otjondjupa	1.41m 1
--- 485 Bock, Shayida	Otjondjupa	NH
--- 144 Esterhuizen, Lizelle	Khomas	NH
--- 373 V.Rensburg, Mari	Erongo	NH

Event 4 Boys 14-15 Shot Put 4kg

NSSU: 15.73m #

Name	School	Finals
1 193 Rademeyer, Wilhelm	Khomas	14.16m 10
2 309 Krohne, Alfred	Hardap	12.71m 8
3 195 V.D. Westhuizen, J	Khomas	12.47m 6
4 194 Retief, J	Khomas	12.44m 5
5 196 Husselman, Dylan	Khomas	11.11m 4
6 522 Hatting, Reinhardt	Otjondjupa	10.97m 3
7 310 Kusch, Annou	Hardap	10.94m 2
8 90 Mateus, Ivo	Oshana	10.58m 1

Event 5 Girls 16-17 Long Jump

NSSU: 5.67m #

Name	School	Finals
1 268 Hamunyela, Penny	Hardap	5.23m 10
2 155 Pretorius, Michelle	Khomas	5.22m 8
3 152 Britz, Cornel	Khomas	4.99m 6
4 274 Van Wyk, Rene	Hardap	4.89m 5
5 391 Timothues, Heleni	Erongo	4.61m 4

6 660 Diekmann, Maike	Otjondjupa	4.59m 3
7 46 Kahikopo, Lizelle	Oshikoto	4.57m 2
8 390 Ndjitaviua, Lucres	Erongo	4.55m 1
9 114 Shilengifa, Lettichia	Oshana	4.41m
--- 388 Brynjolfsdottir, R	Erongo	ND

Event 6 Boys 16-17 Discus Throw 1.5kg

NSSU: 44.98m #

Name	School	Finals
1 893 Smith, Jandre	Karas	39.06m 10
2 542 Poggenpoel, SJ	Otjondjupa	36.88m 8
3 329 Blaauw, Wayne	Hardap	35.02m 6
4 221 De Jager, Francois	Khomas	33.62m 5
5 330 Besser, Reyvin	Hardap	32.82m 4
6 220 Le Roux, Jaco	Khomas	31.18m 3
7 696 Roberts, Manie	Kunene	30.38m 2
8 222 Coombe,	Khomas	29.82m 1
9 455 Strauss, Enrico	Erongo	29.80m
10 223 Pretorius, Elric	Khomas	29.32m
11 658 Visser, Divan	Otjondjupa	23.88m

Event 7 Girls 18-19 Shot Put 4kg

NSSU: 12.81m #

Name	School	Finals
1 175 Van Schoor, Anneri	Khomas	11.49m 10
2 176 Mukuubutaa, Gie	Khomas	10.66m 8
3 505 Goreses, M	Otjondjupa	10.27m 6
4 178 Gqwede, Nonelwa	Khomas	10.10m 5
5 284 V.D.Heever, ?	Hardap	9.99m 4
6 177 Becker, Britney	Khomas	9.98m 3
7 71 Ras, Chanique	Oshikoto	9.96m 2
8 857 Blaauw, Annelise	Karas	9.65m 1
--- 506 Kahl, C	Otjondjupa	ND

Event 8 Boys 18-19 Triple Jump 13m

NSSU: 15.26m #

Name	School	Finals
1 343 Mouton, Alberto	Hardap	13.77m 10
2 342 Abrahams, Renicity	Hardap	13.52m 8
3 869 Higoam, Abraham	Karas	13.36m 6
4 344 Louw, Gareth	Hardap	13.22m 5
5 710 Mororua, Wimpy	Kunene	13.20m 4

Event 9 Girls 12-13 High Jump

NSSU: 1.61m #

Name	School	Finals
1 748 Rabe, Chani	Khomas	1.40m 10
2 358 Kruger, Kristin	Erongo	1.40m 8
3 751 Kashindi, Elizabeth	Khomas	1.40m 6
4 752 Mbjaroka, U	Khomas	1.35m 5
5 742 Nghishidimbawa, S	Khomas	1.35m 4
6 850 Simasiku, M	Caprivi	1.35m 3
--- 253 Lombaard, L	Hardap	NH

Event 10 Boys 12-13 Javelin Throw 600gr

NSSU: 35.41m #

Name	School	Finals
1 422 Niemann, Eugene	Erongo	35.18m 10
2 728 Swanepoel, Arno	Khomas	32.48m 8
3 11 Cronje, Jan - Harm	Oshikoto	32.22m 6
4 622 Nanyemba, Jessy	Kavango	30.63m 5

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(Event 10 Boys 12-13 Javelin Throw 600gr)

Name	School	Finals
5 16 Ras, Christiaan	Oshikoto	30.54m 4
6 513 Poggenpoel, N	Otjozondjupa	25.00m 3
--- 990 Rautenbach, Franco	Erongo	ND
--- 296 Von Wielligh, W	Hardap	ND

Event 11 Girls 14-15 400 Meter Dash

NSSU: 58.92 #

Name	School	Prelims
Preliminaries		
1 644 Simpande, Aulipia	Kavango	61.60q
2 19 Nghende, Lavinia	Oshikoto	62.00q
3 940 Shapaka, Rebekka	Omusati	62.63q
4 594 Haikali, Epifania	Ohangwena	63.18q
5 595 Nambinga, Lovisa	Ohangwena	64.15q
6 261 Liebenberg, Marli	Hardap	64.77q
7 98 Ashipala, Otilie	Oshana	65.63q
8 962 Tsuses, Mersie	Erongo	68.53q
9 840 Mwanali, A	Caprivi	68.78
10 490 Kauejao, Tjingeeeri	Otjozondjupa	68.86
11 367 Frans, Zhantay	Erongo	69.58
--- 930 Munkundi, Hileni	Omusati	NT
--- 925 Kwedhi, Sylvia	Omusati	NT
--- 97 Angula, Selma	Oshana	NT
--- 998 Potgieter, Wilmare	Ohangwena	NT
--- 135 Naobes, D	Khomas	NT

Event 11 Girls 14-15 400 Meter Dash

NSSU: 58.92 #

Name	School	Finals
Finals		
1 644 Simpande, Aulipia	Kavango	62.72 10
2 261 Liebenberg, Marli	Hardap	63.75 8
3 595 Nambinga, Lovisa	Ohangwena	63.92 6
4 98 Ashipala, Otilie	Oshana	66.67 5
5 962 Tsuses, Mersie	Erongo	67.81 4
6 940 Shapaka, Rebekka	Omusati	68.85 3
--- 19 Nghende, Lavinia	Oshikoto	NT

Event 12 Boys 14-15 400 Meter Dash

NSSU: 51.64 #

Name	School	Prelims
Preliminaries		
1 182 Buettner, Marco	Khomas	52.66q
2 530 Theron, W	Otjozondjupa	55.37q
3 523 Kaninganazo, Mertas	Otjozondjupa	55.44q
4 183 Titus, Keanen	Khomas	55.73q
5 626 shayinrungu,	Kavango	55.75q
6 300 Diergaardt, Courtney	Hardap	55.83q
7 428 Watema, Francis	Erongo	58.19q
8 985 Stevens, Damian	Erongo	58.28q
9 560 Ndulumba, Aron	Ohangwena	59.13
--- 95 Matues, Dominicus	Oshana	NT
--- 677 Brockman, Jaco	Kunene	NT
--- 561 Nambabi, Johannes	Ohangwena	NT

Event 12 Boys 14-15 400 Meter Dash

NSSU: 51.64 #

Name	School	Finals
Finals		
1 183 Titus, Keanen	Khomas	54.74 10
2 626 shayinrungu,	Kavango	54.90 8
3 300 Diergaardt, Courtney	Hardap	55.43 6
4 530 Theron, W	Otjozondjupa	55.60 5
5 523 Kaninganazo, Mertas	Otjozondjupa	58.76 4
6 428 Watema, Francis	Erongo	62.09 3

Event 13 Girls 16-17 400 Meter Dash

NSSU: 58.04 #

Name	School	Prelims
Preliminaries		
1 896 Van der Walt,	Karas	60.78q
1 963 Tjangura, Mercy	Erongo	60.78q
3 38 Moolman, Nadine	Oshikoto	61.03q
4 913 Hamutenya, Laina	Omusati	61.10q
5 112 Shiyakela, Otilie	Oshana	61.25q
6 382 Schickerling, Jesse	Erongo	62.28q
7 942 Shihepo,	Omusati	63.23q
8 600 Shimuni, Saima	Ohangwena	63.78q
9 602 Nathanael, Juli	Ohangwena	64.28
10 154 Nelumba, Albertina	Khomas	64.71
11 269 Januarie, Denise	Hardap	67.05
12 115 Vatileni, Alexandrina	Oshana	71.54
--- 39 Abiater, Nadine	Oshikoto	NT
--- 498 Uemupinggena, Tjizu	Otjozondjupa	NT

Event 13 Girls 16-17 400 Meter Dash

NSSU: 58.04 #

Name	School	Finals
Finals		
1 112 Shiyakela, Otilie	Oshana	58.59 10
2 38 Moolman, Nadine	Oshikoto	60.03 8
3 896 Van der Walt,	Karas	60.48 6
4 382 Schickerling, Jesse	Erongo	61.21 5
5 600 Shimuni, Saima	Ohangwena	61.59 4
6 963 Tjangura, Mercy	Erongo	61.96 3
7 913 Hamutenya, Laina	Omusati	63.38 2
--- 942 Shihepo,	Omusati	NT

Event 14 Boys 16-17 400 Meter Dash

NSSU: 47.60 #

Name	School	Prelims
Preliminaries		
1 51 Cronje, Pierre	Oshikoto	51.31q
2 208 Martin, Yoran	Khomas	52.10q
3 630 Kanyetu, Lukas	Kavango	52.38q
4 317 Swartz, Steward	Hardap	52.53q
5 566 Shimhanda, Sem	Ohangwena	52.63q
6 216 Van Vuuren,	Khomas	52.78q
7 53 Imbondi, Risto	Oshikoto	52.97q
8 445 Oberholtzer, Andre	Erongo	54.16q
9 567 Nakale, Eraastus	Ohangwena	55.13
10 105 Amanyanga, Jerry	Oshana	55.52
11 318 Links, Rodney	Hardap	58.07

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Preliminaries ... (Event 14 Boys 16-17 400 Meter Dash)

Name	School	Prelims
12 694 Rossow, Michael	Kunene	63.61
13 209 Fischer, Faizel	Khomas	63.79
--- 218 Kakona, King	Khomas	NT
--- 986 Uakazuvaije, Tjeri	Erongo	NT
--- 848 Sikena, S	Caprivi	NT

Event 14 Boys 16-17 400 Meter Dash

NSSU: 47.60 #

Name	School	Finals
Finals		
1 51 Cronje, Pierre	Oshikoto	49.15 10
2 208 Martin, Yoran	Khomas	51.25 8
3 317 Swartz, Steward	Hardap	52.00 6
4 216 Van Vuuren,	Khomas	52.08 5
5 566 Shimhandu, Sem	Ohangwena	52.33 4
6 53 Imbondi, Risto	Oshikoto	53.29 3
7 445 Oberholtzer, Andre	Erongo	55.14 2

Event 15 Girls 18-19 400 Meter Dash

NSSU: 54.37 #

Name	School	Prelims
Preliminaries		
1 952 Labuschagne,	Khomas	60.47q
2 716 Grobbelaar, Yolindi	Oshikoto	61.28q
3 611 Kakwambi, Maria	Ohangwena	61.53q
4 612 Mateus, Victoria	Ohangwena	61.84q
5 713 Engelbrecht, Petra	Kunene	62.34q
6 170 Kandovazu, D	Khomas	63.81q
7 652 Muronga, Veronica	Kavango	64.22q
8 126 Josef, Maria	Oshana	64.38q
9 280 Cloete, Meliza	Hardap	64.38
10 172 Engelbrecht, Amorie	Khomas	65.10
11 127 Shindjomba, Natalia	Oshana	65.84
12 507 Pritzen, D	Otjondjupa	66.60
13 964 Anjamba, Daisy	Erongo	67.47
14 837 Mukoya, C	Caprivi	68.03
--- 953 Vei, Otja	Khomas	NT
--- 400 Tjakerara, Miteche	Erongo	NT

Event 15 Girls 18-19 400 Meter Dash

NSSU: 54.37 #

Name	School	Finals
Finals		
1 952 Labuschagne,	Khomas	60.30 10
2 716 Grobbelaar, Yolindi	Oshikoto	61.80 8
3 713 Engelbrecht, Petra	Kunene	62.01 6
4 612 Mateus, Victoria	Ohangwena	62.49 5
5 611 Kakwambi, Maria	Ohangwena	62.88 4
6 652 Muronga, Veronica	Kavango	67.83 3

Event 16 Boys 18-19 400 Meter Dash

NSSU: 46.92 #

Name	School	Prelims
Preliminaries		
1 464 Nauiseb, Michael	Erongo	51.28q
2 961 Beukes, Desalvano	Hardap	51.68q
3 463 Dausab, C	Erongo	52.25q

4 337 Ockhuizen, Jontuaan	Hardap	52.37q
5 123 Luandra, Petrus	Oshana	52.68q
6 546 Basson, Rowan	Otjondjupa	53.06q
7 231 Appes, Trevor	Khomas	53.56q
8 577 Nghitevelekwa,	Ohangwena	55.06q
9 633 Kanyanga, Lukas	Kavango	56.51
10 939 Pius, Puriza	Omusati	56.61
11 978 Fredericka, Luky	Erongo	56.66
--- 844 Nkando, S	Caprivi	NT
--- 230 Schoonbee, Collin	Khomas	NT
--- 915 Helmut, Nekwaya	Omusati	NT

Event 16 Boys 18-19 400 Meter Dash

NSSU: 46.92 #

Name	School	Finals
Finals		
1 463 Dausab, C	Erongo	50.60 10
2 961 Beukes, Desalvano	Hardap	50.94 8
3 337 Ockhuizen, Jontuaan	Hardap	51.86 6
4 464 Nauiseb, Michael	Erongo	51.98 5
5 123 Luandra, Petrus	Oshana	53.11 4
6 546 Basson, Rowan	Otjondjupa	53.84 3
7 231 Appes, Trevor	Khomas	54.30 2
8 577 Nghitevelekwa,	Ohangwena	54.61 1

Event 17 Boys 18-19 Javelin Throw 800g

NSSU: 69.58m #

Name	School	Finals
1 249 Celliers, S	Khomas	52.98m 10
2 763 Engelbrecht, Jasper	Omaheke	52.85m 8
3 712 Tjiveze, Itereua	Kunene	45.16m 6
4 543 Deysel, Johan	Otjondjupa	42.85m 5
5 548 Kruger, JH	Otjondjupa	42.19m 4
6 999 Ellis, Gideon	Hardap	39.27m 3
7 244 Van Zyl, A	Khomas	37.78m 2
--- 863 Du Plessis, Wimpie	Karas	ND
--- 804 Peters, Dickey	Omaheke	ND

Event 18 Girls 18-19 Discus Throw 1kg

NSSU: 42.84m #

Name	School	Finals
1 857 Blaauw, Annelise	Karas	34.84m 10
2 175 Van Schoor, Anneri	Khomas	31.22m 8
3 71 Ras, Chanique	Oshikoto	29.74m 6
4 284 V.D.Heever, ?	Hardap	28.34m 5
--- 965 Katunhohange, M	Erongo	ND

Event 19 Boys 16-17 Shot Put 5kg - 5.4kg

NSSU: 15.53m #

Name	School	Finals
1 658 Visser, Divan	Otjondjupa	12.48m 10
2 220 Le Roux, Jaco	Khomas	11.55m 8
3 455 Strauss, Enrico	Erongo	10.98m 6
4 63 Van den Berg, Jan -	Oshikoto	10.85m 5
5 221 De Jager, Francois	Khomas	10.36m 4
6 62 Arangies, Hugo	Oshikoto	10.34m 3
7 423 Grobler, Nian	Erongo	10.20m 2
--- 535 Junius, A	Otjondjupa	ND
--- 219 Samson, S	Khomas	ND

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Event 20 Girls 16-17 High Jump

NSSU: 1.66m # 3/26/201 Michelle Pretorius

Name	School	Finals	
1 155 Pretorius, Michelle	Khomas	1.66m#	10
2 47 Potgieter, Mijon	Oshikoto	1.55m	8
3 388 Brynjolfsdottir, R	Erongo	1.55m	6
4 273 V.D. Merwe, R	Hardap	1.50m	5
5 268 Hamunyela, Penny	Hardap	1.50m	4
6 272 Van Schalkwyk, S	Hardap	1.50m	3
7 159 De Klerk, Lisa	Khomas	1.40m	2
--- 389 Erkana, Michelle	Erongo	NH	
--- 705 Tsuses, Lizelle	Kunene	NH	
--- 161 Ueyulu, Lapaka	Khomas	NH	
--- 390 Ndjitaviua, Lucres	Erongo	NH	

Event 21 Boys 14-15 Long Jump

NSSU: 6.46m #

Name	School	Finals	
1 527 Ndifan, E	Otjozondjupa	6.07m	10
2 657 Titus, Shareave	Otjozondjupa	5.84m	8
3 188 Du Plooy, Abraham	Khomas	5.83m	6
4 680 Pienaar, Machilla	Kunene	5.75m	5
5 93 Uushona, Paulus	Oshana	5.68m	4
6 307 Bezuinhoudt, ?	Hardap	5.58m	3
7 306 Diergaardt, Jason	Hardap	5.46m	2
8 628 Anton, John	Kavango	5.31m	1
--- 36 Shidongo, Jafet	Oshikoto	ND	

Event 22 Girls 12-13 75 Meter Hurdles

NSSU: 11.75 #

Name	School	Finals	
1 8 Koko, Mariaan	Oshikoto	13.94	10
2 874 Kambudu, Aina	Karas	14.12	8
3 9 Bester, Danielle	Oshikoto	14.14	6
4 880 Kruger, Tobia	Karas	15.16	5
5 741 Losper, Morisha	Khomas	15.32	4

Event 23 Boys 12-13 80 Meter Hurdles

NSSU: 11.30 #

Name	School	Finals	
1 517 Thahere, Maameno	Otjozondjupa	13.78	10
2 723 Steenkamp, Kristof	Khomas	14.38	8
3 870 Isaak, Divan	Karas	14.43	6
4 902 Vries, Clayton	Karas	14.83	5
5 516 Shikongo, Isreal	Otjozondjupa	14.92	4
6 812 Tjiriange, Jerrie	Omaheke	15.03	3
7 764 Esterhuizen,	Omaheke	15.77	2

Event 24 Girls 14-15 80 Meter Hurdles

NSSU: 12.22 #

Name	School	Finals	
1 133 Katjita, Rejoice	Khomas	12.77	10
2 22 Bester, Chene	Oshikoto	13.09	8
3 881 Llleka, Stella	Karas	14.23	6
4 137 Bassingthwaighte,	Khomas	14.74	5
5 138 Mavejona, Menaye	Khomas	15.07	4
6 139 Korner, Melanie	Khomas	15.41	3
7 954 Awases, Daphne	Khomas	17.19	2

Event 25 Boys 14-15 100 Meter Hurdles

NSSU: 13.61 #

Name	School	Finals	
1 187 Haltula, Job	Khomas	15.04	10
2 817 Wessel, Bredell	Omaheke	15.09	8
3 190 Puriza, Freddy	Khomas	15.35	6
4 188 Du Plooy, Abraham	Khomas	15.39	5
5 189 Kauupingene, Dobri	Khomas	15.54	4
6 35 Damaseb, Paul	Oshikoto	16.97	3

Event 26 Girls 16-17 100 Meter Hurdles

NSSU: 14.64 #

Name	School	Finals	
1 155 Pretorius, Michelle	Khomas	16.54	10
2 157 Potgieter, Nadine	Khomas	17.79	8
3 45 De Wee, Marcia	Oshikoto	18.30	6

Event 27 Boys 16-17 110 Meter Hurdles

NSSU: 14.59 # 3/26/201 Fred Charles Pieterse

Name	School	Finals	
1 205 Pieterse, Fred Charles	Khomas	14.59#	10
2 213 Bulle, Uiso	Khomas	15.51	8
3 761 Burger, Walter	Omaheke	16.35	6
4 215 Van Staden, Frans	Khomas	16.90	5
5 214 Vescevet, Vescevet	Khomas	18.10	4

Event 28 Girls 18-19 100 Meter Hurdles

NSSU: 14.10 #

Name	School	Finals	
1 171 Engels, Cari	Khomas	15.64	10
2 168 Jacobs, Jolene	Khomas	16.56	8
3 172 Engelbrecht, Amorie	Khomas	17.77	6

Event 29 Boys 18-19 110 Meter Hurdles

NSSU: 14.11 #

Name	School	Finals	
1 228 Henkert, Wilbur	Khomas	15.20	10
2 996 Wellman, Neil	Erongo	16.23	8
3 233 Krauss, Herman	Khomas	16.33	6
4 234 Van Wyk, T	Khomas	16.54	5

Event 30 Girls 18-19 Long Jump

NSSU: 5.84m #

Name	School	Finals	
1 506 Kahl, C	Otjozondjupa	5.39m	10
2 399 Kruger, Corlia	Erongo	5.28m	8
3 65 Damases, Anthea	Oshikoto	5.18m	6
4 66 Bardenhorst, Jean -	Oshikoto	5.01m	5
5 282 Scheepers, Emogeen	Hardap	4.70m	4
6 814 Uamunika, Jolanda	Omaheke	4.61m	3
7 653 Ntsamba, Tabita	Kavango	4.51m	2
--- 174 Swartbooi, T	Khomas	DNF	
--- 980 Mbualu, Melitha	Erongo	DNF	

Event 31 Girls 18-19 Javelin Throw 600g

NSSU: 50.00m #

Name	School	Finals	
1 72 Horn, Yolandi	Oshikoto	30.38m	10
2 71 Ras, Chanique	Oshikoto	30.08m	8
3 408 Hiiko, Uata	Erongo	28.87m	6

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(Event 31 Girls 18-19 Javelin Throw 600g)

Name	School	Finals
4 179 Ksiringua, Chesia	Khomas	27.95m 5
5 655 V.D.Merwe, Marika	Kavango	26.43m 4

Event 32 Girls 16-17 Discus Throw 1kg

NSSU: 39.51m #

Name	School	Finals
1 499 Engelbrecht, C	Otjozondjupa	33.44m 10
2 277 Le Roux, Jolene	Hardap	32.42m 8
3 49 Smit, Conette	Oshikoto	28.54m 6
4 660 Diekmann, Maike	Otjozondjupa	26.10m 5

Event 33 Boys 12-13 Shot Put 4kg

NSSU: 12.50m #

Name	School	Finals
1 728 Swanepoel, Arno	Khomas	10.56m 10
2 777 Kakujah,	Omaheke	10.24m 8
3 295 Alexander, Duane	Hardap	9.50m 6
4 727 Rossouw, George	Khomas	9.38m 5
5 966 Emandien, Mogamat	Erongo	8.60m 4
6 420 De Klerk, Riaan	Erongo	8.35m 3
--- 81 De Wet, Neil	Oshana	ND

Event 34 Boys 16-17 High Jump

NSSU: 2.00m #

Name	School	Finals
1 697 Tjivera, Amaldus	Kunene	1.78m 10
2 994 Ntelamo, W	Caprivi	1.75m 8
3 226 Kaeka, V	Khomas	1.70m 6
4 451 September, Cecil	Erongo	J1.70m 4.5
4 323 Boois, Lawrence	Hardap	J1.70m 4.5
5 759 Beukes, Willem	Omaheke	J1.70m 2
5 316 V.D.Merwe, ?	Hardap	J1.70m 2
5 225 Nampala, Johannes	Khomas	J1.70m 2
--- 541 Ngurungunda, Jeffrey	Otjozondjupa	NH
--- 106 Shilongo, Shawn	Oshana	NH
--- 538 Katjuemutira,	Otjozondjupa	NH

Event 35 Girls 12-13 200 Meter Dash

NSSU: 26.78 #

Name	School	Prelims
Preliminaries		
1 352 Iishuki, Merjam	Erongo	28.14q
2 481 Kaure, Kauraere	Otjozondjupa	28.54q
3 738 Koekemoer, Z	Khomas	28.67q
4 639 Sikwete, Theresia	Kavango	29.16q
5 250 Swartz, Daviana	Hardap	29.33q
6 947 Stephanus, Johanna	Omusati	29.34q
7 791 Makari, Evitta	Omaheke	29.87q
8 2 Potgieter, Chris - Mari	Oshikoto	30.11q
9 739 Engelbrecht, Mellissa	Khomas	30.13
10 638 Mupo, Kandambo	Kavango	30.20
11 941 Shende, Maria	Omusati	31.15
12 586 Jacob, Ndinomukulili	Ohangwena	31.26
13 834 Mathe, N	Caprivi	31.27
14 949 Tadeus, Orga	Omusati	37.90
--- 1 Howases, Dantago	Oshikoto	NT
--- 584 Kadenga, Rebecca	Ohangwena	NT

Event 35 Girls 12-13 200 Meter Dash

NSSU: 26.78 #

Name	School	Finals
Finals		
1 352 Iishuki, Merjam	Erongo	27.09 10
2 738 Koekemoer, Z	Khomas	28.25 8
3 481 Kaure, Kauraere	Otjozondjupa	28.33 6
4 639 Sikwete, Theresia	Kavango	28.48 5
5 947 Stephanus, Johanna	Omusati	28.86 4
6 250 Swartz, Daviana	Hardap	29.57 3
7 2 Potgieter, Chris - Mari	Oshikoto	29.59 2
8 791 Makari, Evitta	Omaheke	29.83 1

Event 36 Boys 12-13 200 Meter Dash

NSSU: 25.40 #

Name	School	Prelims
Preliminaries		
1 718 Bezuidenhout, E	Khomas	26.55q
2 782 Katuuu, Bravo	Omaheke	26.59q
3 286 Lawrence, Uriato	Hardap	26.64q
4 819 Cayi, D	Caprivi	27.23q
5 509 Katjizembele,	Otjozondjupa	27.74q
6 720 Bock, M	Khomas	27.89q
7 11 Cronje, Jan - Harm	Oshikoto	27.94q
8 619 Ngongo, Asser	Kavango	28.33q
9 662 Tjuara, Vapanbauka	Kunene	28.43
10 620 Kuafumana, Ngeve	Kavango	28.56
11 973 Van Zyl, Frederik	Kunene	29.06
12 721 Kambo, John	Khomas	29.66
13 927 Matias, Heita	Omusati	31.35
14 554 Pandeni,	Ohangwena	32.24
--- 285 Visagie, Jose	Hardap	NT
--- 409 Gurirab, Geno	Erongo	NT
--- 287 V.D.Merwe, D	Hardap	NT

Event 36 Boys 12-13 200 Meter Dash

NSSU: 25.40 #

Name	School	Finals
Finals		
1 718 Bezuidenhout, E	Khomas	25.72 10
2 286 Lawrence, Uriato	Hardap	26.43 8
3 819 Cayi, D	Caprivi	26.76 6
4 509 Katjizembele,	Otjozondjupa	26.87 5
5 11 Cronje, Jan - Harm	Oshikoto	27.06 4
6 720 Bock, M	Khomas	27.16 3
7 619 Ngongo, Asser	Kavango	29.96 2
--- 782 Katuuu, Bravo	Omaheke	NT

Event 37 Girls 14-15 200 Meter Dash

NSSU: 24.22 #

Name	School	Prelims
Preliminaries		
1 135 Naobes, D	Khomas	27.13q
2 260 Le Roux, Yolandi	Hardap	27.59q
3 486 Gaes, Chrisline	Otjozondjupa	27.60q
4 593 Primus, Fransico	Ohangwena	28.07q
5 958 Uasora, K	Khomas	28.15q
6 715 Ambata, Anna	Oshikoto	28.16q

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Preliminaries ... (Event 37 Girls 14-15 200 Meter Dash)

Name	School	Prelims
7 491 Kazapundua,	Otjozondjupa	28.48q
8 140 Brits, Eileen	Khomas	28.89q
9 959 Tjejomba, T	Khomas	29.98
10 685 Mbomboro, Andak	Kunene	30.75
--- 644 Simpande, Aulipia	Kavango	NT
--- 258 V.D. Ross, ?	Hardap	NT
--- 967 Anton, Angelina	Erongo	NT
--- 960 Hengari, Uauanisa	Khomas	NT
--- 24 Vermeulen, Monique	Oshikoto	DQ

Event 37 Girls 14-15 200 Meter Dash

NSSU: 24.22 #

Name	School	Finals
Finals		
1 135 Naobes, D	Khomas	26.43 10
2 486 Gaes, Chrisline	Otjozondjupa	27.09 8
3 260 Le Roux, Yolandi	Hardap	27.51 6
4 958 Uasora, K	Khomas	27.53 5
5 491 Kazapundua,	Otjozondjupa	27.79 4
6 593 Primus, Fransico	Ohangwena	27.96 3
7 715 Ambata, Anna	Oshikoto	28.35 2
--- 140 Brits, Eileen	Khomas	NT

Event 38 Boys 14-15 200 Meter Dash

NSSU: 22.97 #

Name	School	Prelims
Preliminaries		
1 180 Basson, Bassanio	Khomas	23.76q
2 984 Narib, Allen	Erongo	24.11q
3 181 Wemmert, Leighton	Khomas	24.32q
4 527 Ndifan, E	Otjozondjupa	24.40q
5 29 Samkange, Donald	Oshikoto	24.41q
6 625 Nauseb, Sameul	Kavango	24.56q
7 427 Moller, D.J.	Erongo	25.09q
8 299 Bailey, Elrico	Hardap	25.16q
9 657 Titus, Shareave	Otjozondjupa	25.37
9 93 Uushona, Paulus	Oshana	25.37
11 91 Mbushange, Ekandjo	Oshana	25.40
12 849 Simaataa, C	Caprivi	26.02
13 560 Ndulumba, Aron	Ohangwena	27.83
14 558 Shilunga, Lazy	Ohangwena	28.95
--- 425 Pieters, Ego	Erongo	NT
--- 298 Tise, Jean - Luc	Hardap	NT

Event 38 Boys 14-15 200 Meter Dash

NSSU: 22.97 #

Name	School	Finals
Finals		
1 527 Ndifan, E	Otjozondjupa	23.50 10
2 180 Basson, Bassanio	Khomas	23.60 8
3 181 Wemmert, Leighton	Khomas	23.66 6
4 984 Narib, Allen	Erongo	24.28 5
5 427 Moller, D.J.	Erongo	25.11 4
6 299 Bailey, Elrico	Hardap	27.32 3

Event 39 Girls 16-17 200 Meter Dash

NSSU: 24.22 #

Name	School	Prelims
Preliminaries		
1 152 Britz, Cornel	Khomas	25.75q
2 38 Moolman, Nadine	Oshikoto	26.25q
3 779 Kamusuvise, Vivian	Omaheke	26.41q
4 112 Shiyakela, Otilie	Oshana	26.78q
4 648 Ngundu, Lisa	Kavango	26.78q
6 382 Schickerling, Jesse	Erongo	26.88q
6 153 Noreeses, Lena	Khomas	26.88q
8 113 Haimbodi, Rosalia	Oshana	27.53q
9 649 Ndara, Magdalena	Kavango	27.59
10 267 Van Wyk, Chanelle	Hardap	27.81
11 913 Hamutenya, Laina	Omusati	28.46
12 600 Shimuni, Saima	Ohangwena	28.63
--- 896 Van der Walt,	Karas	NT
--- 942 Shihepo,	Omusati	NT
--- 601 Nghaamvali, Tresia	Ohangwena	NT
--- 650 Muremi, Melania	Kavango	NT

Event 39 Girls 16-17 200 Meter Dash

NSSU: 24.22 #

Name	School	Finals
Finals		
1 152 Britz, Cornel	Khomas	25.42 10
2 648 Ngundu, Lisa	Kavango	25.99 8
3 779 Kamusuvise, Vivian	Omaheke	26.19 6
4 38 Moolman, Nadine	Oshikoto	26.24 5
5 112 Shiyakela, Otilie	Oshana	26.58 4
6 153 Noreeses, Lena	Khomas	26.62 3
7 382 Schickerling, Jesse	Erongo	27.42 2
--- 113 Haimbodi, Rosalia	Oshana	NT

Event 40 Boys 16-17 200 Meter Dash

NSSU: 21.44 #

Name	School	Prelims
Preliminaries		
1 205 Pieterse, Fred Charles	Khomas	22.15q
2 442 Nash, Ashton	Erongo	22.36q
3 51 Cronje, Pierre	Oshikoto	22.60q
4 206 Mutjivikua, Kevii	Khomas	22.91q
5 207 Kandjii, Donavan	Khomas	23.22q
6 316 V.D.Merwe, ?	Hardap	23.32q
7 531 Eiman, Hewan	Otjozondjupa	23.47q
8 693 Shafokutya, Linus	Kunene	23.75q
9 691 Eksteen, John	Kunene	23.86
10 52 Tsauseb, Cyril	Oshikoto	24.02
11 107 Nenkavu, Benjamin	Oshana	24.12
12 108 Munenguni, Paavo	Oshana	24.56
--- 832 Matengu, E	Caprivi	NT
--- 208 Martin, Yoran	Khomas	NT
--- 692 Tjumbua, Katjiruewe	Kunene	NT
--- 815 Upingasana, Donald	Omaheke	NT

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Event 40 Boys 16-17 200 Meter Dash

NSSU: 21.44 #

Name	School	Finals
Finals		
1 205 Pieterse, Fred Charles	Khomas	21.91 10
2 206 Mutjivikua, Kevii	Khomas	22.39 7
2 51 Cronje, Pierre	Oshikoto	22.39 7
4 442 Nash, Ashton	Erongo	22.76 5
5 207 Kandjii, Donavan	Khomas	23.12 4
6 316 V.D.Merwe, ?	Hardap	23.19 3
7 531 Eiman, Hewan	Otjozondjupa	23.39 2
8 693 Shafokutya, Linus	Kunene	23.92 1

Event 41 Girls 18-19 200 Meter Dash

NSSU: 24.14 #

Name	School	Prelims
Preliminaries		
1 167 Daimond, Merlin	Khomas	25.16q
2 168 Jacobs, Jolene	Khomas	25.75q
3 399 Kruger, Corlia	Erongo	26.51q
4 66 Bardenhorst, Jean -	Oshikoto	26.62q
5 713 Engelbrecht, Petra	Kunene	27.00q
6 170 Kandovazu, D	Khomas	27.09q
7 65 Damases, Anthea	Oshikoto	27.15q
8 280 Cloete, Meliza	Hardap	28.66q
9 608 Nakanyala, Elizabeth	Ohangwena	28.68
10 653 Ntsamba, Tabita	Kavango	29.15
11 652 Muronga, Veronica	Kavango	29.69
--- 956 Fonfrancoice, A	Khomas	NT
--- 969 Musambani, Nancy	Erongo	NT
--- 955 Mutuavikua,	Khomas	NT
--- 610 Kaukomenwa, Rackel	Ohangwena	NT
--- 654 Nyumbu, Syivi	Kavango	NT

Event 41 Girls 18-19 200 Meter Dash

NSSU: 24.14 #

Name	School	Finals
Finals		
1 167 Daimond, Merlin	Khomas	24.63 10
2 168 Jacobs, Jolene	Khomas	25.31 8
3 66 Bardenhorst, Jean -	Oshikoto	26.04 6
4 399 Kruger, Corlia	Erongo	26.14 5
5 170 Kandovazu, D	Khomas	26.76 4
6 713 Engelbrecht, Petra	Kunene	26.81 3
7 65 Damases, Anthea	Oshikoto	27.36 2
8 280 Cloete, Meliza	Hardap	27.70 1

Event 42 Boys 18-19 200 Meter Dash

NSSU: 20.67 #

Name	School	Prelims
Preliminaries		
1 550 Uri- Khob, Jesse	Otjozondjupa	21.75q
2 334 Eichab, Eben	Hardap	22.10q
3 73 Paulus, Phillip	Oshikoto	22.29q
4 227 Krohne, Zanderio	Khomas	22.81q
5 228 Henkert, Wilbur	Khomas	23.28q
6 957 Kandondi, Tjikusa	Khomas	23.43q
7 243 Russlin, Kuhinguana	Khomas	23.52q

8 845 Sabo, A	Caprivi	23.53q
9 797 Nanub, Elrich	Omaheke	23.62
10 706 Goraseb, Chris	Kunene	23.80
11 939 Pius, Puriza	Omusati	24.27
12 915 Helmut, Nekwaya	Omusati	24.50
13 120 Gabriel, Jonas	Oshana	24.53
14 576 Wambalili, Rebues	Ohangwena	25.47
15 578 Nanhapo, Stefanus	Ohangwena	25.75
--- 230 Schoonbee, Collin	Khomas	NT

Event 42 Boys 18-19 200 Meter Dash

NSSU: 20.67 #

Name	School	Finals
Finals		
1 550 Uri- Khob, Jesse	Otjozondjupa	21.29 10
2 334 Eichab, Eben	Hardap	21.37 8
3 73 Paulus, Phillip	Oshikoto	21.75 6
4 227 Krohne, Zanderio	Khomas	22.59 5
5 228 Henkert, Wilbur	Khomas	22.88 4
6 243 Russlin, Kuhinguana	Khomas	23.19 3
7 957 Kandondi, Tjikusa	Khomas	23.21 2
8 845 Sabo, A	Caprivi	23.32 1

Event 43 Boys 18-19 Shot Put 6kg - 6.35kg

NSSU: 15.39m #

Name	School	Finals
1 856 Berry, John	Karas	12.40m 10
2 246 Smith, Garren	Khomas	12.29m 8
3 244 Van Zyl, A	Khomas	12.14m 6
4 245 Du Plessis, Christie	Khomas	11.97m 5
5 989 Amushendje, Martin	Erongo	11.69m 4
6 474 Rohl, Wolfgang	Erongo	11.56m 3
7 995 Hukununa, Jeomba	Otjozondjupa	10.42m 2
--- 473 Kiesewetter, Kai	Erongo	ND

Event 44 Girls 14-15 Discus Throw 1kg

NSSU: 32.59m #

Name	School	Finals
1 146 Witman, Sune	Khomas	28.36m 10
2 970 Van Schalkwyk,	Hardap	27.94m 8
3 149 Van Zyl, Leandra	Khomas	22.34m 6
4 28 Shikongo, Kleria	Oshikoto	20.92m 5
5 494 Pearson, G	Otjozondjupa	20.80m 4
6 264 Bardenhost, Mirna	Hardap	20.12m 3
7 983 Uaaka, Avihe	Erongo	19.70m 2
8 862 De Fretas Bacalhau,	Karas	19.30m 1

Event 45 Boys 16-17 Long Jump

NSSU: 6.95m #

Name	School	Finals
1 454 Groenewaldt,	Erongo	6.21m 10
2 444 Klein, Sergio	Erongo	6.11m 8
3 207 Kandjii, Donavan	Khomas	6.00m 6
4 107 Nenkavu, Benjamin	Oshana	5.96m 5
5 987 Walkers, Darren	Erongo	5.88m 4
--- 218 Kakona, King	Khomas	ND
--- 828 Lutibezi, A	Caprivi	ND
--- 325 Johr, Kerwin	Hardap	ND

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Results**Event 46 Boys 14-15 Javelin Throw 600g**

NSSU: 51.74m # 3/26/201 Bredell Wessel

Name	School	Finals
1 817 Wessel, Bredell	Omaheke	51.74m# 10
2 30 Grobbelaar, Louis	Oshikoto	46.87m 8
3 197 Alberts, Andries	Khomas	43.49m 6
4 520 Du Toit, F.	Otjozondjupa	43.00m 5
5 195 V.D. Westhuizen, J	Khomas	40.21m 4
6 198 Strydom, Wiehan	Khomas	39.65m 3
7 816 Versfeld, William	Omaheke	38.98m 2
--- 877 Karsten, Jan-Hendrik	Karas	ND
--- 681 Tjikombo, Kariterue	Kunene	ND

Event 47 Girls 12-13 1500 Meter Run

NSSU: 4:58.73 #

Name	School	Finals
1 636 Petrus, Theresia	Kavango	5:00.23 10
2 589 Nepando, Selma	Ohangwena	5:04.67 8
3 637 Mungeli, Innocencia	Kavango	5:07.74 6
4 937 Paulus, Aguste	Omusati	5:14.42 5
5 905 Amakutsi, Fenny	Omusati	5:14.89 4
6 787 Kazongari, Melody	Omaheke	5:24.83 3
7 252 Witbeen, Linette	Hardap	5:33.54 2
8 907 Andreas, Sarafina	Omusati	5:35.64 1
9 951 Xamenye, Joolokeni	Omusati	5:36.36
10 931 Mutlifa, Kertu	Omusati	5:41.88
--- 922 Kandenga, Lita	Omusati	NT
--- 6 Fillipus, Josephina	Oshikoto	NT

Event 48 Boys 12-13 1500 Meter Run

NSSU: 4:29.17 #

Name	School	Finals
1 12 Awene, Samuel	Oshikoto	4:42.62 10
2 618 Matamu, Faustinus	Kavango	4:42.97 8
3 557 Mwoonde, David	Ohangwena	4:43.71 6
4 617 Mayavero, Markus	Kavango	4:45.71 5
5 556 Johannes, Sackaria	Ohangwena	4:49.32 4
6 858 Christiaan, Elrico	Karas	4:57.91 3
7 289 Swartz, J	Hardap	5:05.70 2
8 936 Paulinus, Johannes	Omusati	5:33.48 1
--- 944 Shilongo, Israel	Omusati	NT
--- 757 Araeb, Hendrik	Omaheke	NT
--- 511 Livinge, Jonas	Otjozondjupa	NT
--- 792 Matlata, Eben	Omaheke	NT

Event 49 Girls 14-15 1500 Meter Run

NSSU: 4:38.34 #

Name	School	Finals
1 596 Shiweda, Johanna	Ohangwena	4:51.49 10
2 597 Nepando, Albertina	Ohangwena	4:52.13 8
3 940 Shapaka, Rebekka	Omusati	5:04.87 6
4 925 Kwedhi, Sylvia	Omusati	5:08.46 5
5 371 Kambonde, Aina	Erongo	5:11.70 4
6 100 Petrus, Twindileni	Oshana	5:13.82 3
7 930 Munkundi, Hileni	Omusati	5:19.44 2
8 830 Makata, A	Caprivi	5:26.55 1
9 643 Sikongo, Namutenya	Kavango	5:34.43
10 20 Hausiku, Imelda	Oshikoto	5:34.65
--- 97 Angula, Selma	Oshana	NT

--- 642 Nauyoma, Martha Kavango NT

Event 50 Boys 14-15 1500 Meter Run

NSSU: 4:16.04 # 3/26/201 Faustinus Mbamba

Name	School	Finals
1 623 Mbamba, Faustinus	Kavango	4:16.04# 10
2 627 Mukena, Fabianus	Kavango	4:17.01 8
3 792 Matlata, Eben	Omaheke	4:18.98 6
4 526 Muundjua, Collin	Otjozondjupa	4:27.05 5
5 92 Nalukaku, Asser	Oshana	4:30.08 4
6 301 Goraseb, G	Hardap	4:36.50 3
7 765 Gariseb, Johannes	Omaheke	4:41.56 2
8 433 Simon, Ananias	Erongo	4:44.20 1
9 624 Ihemba, Patrick	Kavango	4:45.06
10 524 Kasuto, Boas	Otjozondjupa	4:46.67
11 946 Shoozi, Thomas	Omusati	4:46.80
--- 563 Kamhulu, Martin	Ohangwena	NT
--- 432 Kahman, Kevin	Erongo	NT
--- 564 Kondo, Jeremia	Ohangwena	NT

Event 51 Girls 16-17 1500 Meter Run

NSSU: 4:28.19 #

Name	School	Finals
1 117 Moses, Klaudia	Oshana	4:48.10 10
2 908 Angula, Ndinelao	Omusati	4:48.78 8
3 606 Mingeli, Frieda	Ohangwena	4:50.08 6
4 605 Nghinaunye,	Ohangwena	4:51.55 5
5 919 Jafet, Hileni	Omusati	4:58.56 4
6 916 Ipinge, Hileni	Omusati	4:58.70 3
7 647 Haingura, Emilie	Kavango	5:03.55 2
8 116 Handjene, Julia	Oshana	5:05.91 1
9 40 Nakathingo, Maria	Oshikoto	5:07.18
10 933 Negumbo, Saima	Omusati	5:15.42
11 904 Akundukila, Melanie	Omusati	5:16.75
--- 41 Ihalwa, Wilhelmina	Oshikoto	NT

Event 52 Boys 16-17 1500 Meter Run

NSSU: 4:04.80 #

Name	School	Finals
1 766 Gariseb, Sebastian	Omaheke	4:15.90 10
2 910 Ekandjo, Hiskiel	Omusati	4:16.74 8
3 903 Vryman, Julian	Karas	4:18.35 6
4 943 Shikongo, Johannes	Omusati	4:24.00 5
5 917 Iita, Matheus	Omusati	4:24.68 4
6 570 Haufiku, Eben-Ezer	Ohangwena	4:29.68 3
7 58 Shilenga, Stephanus	Oshikoto	4:29.86 2
8 923 Kashululu, Paulus	Omusati	4:35.58 1
9 57 Fillipus, Absalon	Oshikoto	4:40.28
10 56 Hashiti, Kondashili	Oshikoto	4:42.04
--- 318 Links, Rodney	Hardap	NT
--- 572 Herman, Petrus	Ohangwena	NT
--- 878 Kedula, Robert	Karas	NT

Event 53 Girls 18-19 1500 Meter Run

NSSU: 4:31.10 #

Name	School	Finals
1 67 Ruben, Kristofina	Oshikoto	4:51.23 10
2 932 Naftal, Paulina	Omusati	4:51.42 8
3 615 Razarus, Ester	Ohangwena	4:52.40 6
4 938 Paulus, Helena	Omusati	5:00.16 5

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(Event 53 Girls 18-19 1500 Meter Run)

Name	School	Finals	
5 616 Ihanghangwa,	Ohangwena	5:01.54	4
6 651 Mbambangandu,	Kavango	5:19.19	3
7 918 Iiyambo, Suama	Omusati	5:21.57	2
--- 128 Eelu, Rauna	Oshana	NT	
--- 69 Mbishi, Monika	Oshikoto	NT	
--- 945 Shkombamba, Mekondjo	Omusati	NT	
--- 281 Morkel, Katrina	Hardap	NT	
--- 70 Ihalwa, Ester	Oshikoto	NT	

Event 54 Boys 18-19 1500 Meter Run

NSSU: 3:53.05 #

Name	School	Finals	
1 122 Reinhold, Tomas	Oshana	4:04.70	10
2 547 Katijjo, Mbeurora	Otjozondjupa	4:10.56	8
3 581 Andreas, Timoteus	Ohangwena	4:13.82	6
4 948 Tadeus, Demetrius	Omusati	4:14.77	5
5 914 Haukongo, Naftal	Omusati	4:21.91	4
6 921 Kalumbu, Abisai	Omusati	4:32.07	3
7 465 Shuulula, Timotheus	Erongo	5:03.57	2
--- 842 Nawa, R	Caprivi	NT	
--- 924 Kosmas, Lazurus	Omusati	NT	
--- 579 Ponhu, Hafeni	Ohangwena	NT	
--- 232 Frdericks, Dinamo	Khomas	NT	
--- 635 Mununga, Avinda	Kavango	NT	
--- 971 Kalondoka, Daniel	Erongo	NT	

Event 55 Girls 18-19 High Jump

NSSU: 1.82m #

Name	School	Finals	
1 399 Kruger, Corlia	Erongo	1.67m	10

Event 56 Girls 16-17 Triple Jump

NSSU: 10.97m #

Name	School	Finals	
1 503 Oestlund, Marit	Otjozondjupa	10.02m	10
2 46 Kahikopo, Lizelle	Oshikoto	9.82m	8
3 158 Engels, Liz - Mari	Khomas	9.81m	6
4 162 Olivier, Terri	Khomas	9.53m	5
5 276 Baileveldt, Rochelle	Hardap	9.42m	4
6 899 Van Wyk, Corne	Karas	9.22m	3

Event 57 Girls 16-17 Javelin Throw 600g

NSSU: 46.88m #

Name	School	Finals	
1 165 Short, Maryke	Khomas	33.86m	10
2 278 V.D. Wath, Haneke	Hardap	32.92m	8
3 704 Van Zyl, Klara	Kunene	31.00m	6
4 395 Jeomba, Caroline	Erongo	29.02m	5
5 803 Opperman, Elzanne	Omaheke	28.58m	4
6 279 Klukowski, Natasha	Hardap	27.04m	3
7 499 Engelbrecht, C	Otjozondjupa	26.88m	2
8 796 Muriambihu, Engenia	Omaheke	26.26m	1
9 502 Kotjipati, Rosemary	Otjozondjupa	24.96m	
10 166 Moses, M	Khomas	21.02m	

Event 58 Boys 12-13 High Jump

NSSU: 1.61m #

Name	School	Finals	
1 514 Oxurub, Terence	Otjozondjupa	1.55m	10

2 669 Job, Horaseb	Kunene	1.50m	8
3 415 Geingob, Donaven	Erongo	1.45m	6
4 666 Urub, Brandon	Kunene	1.40m	4.5
4 290 De Koe, Adolf	Hardap	1.40m	4.5
6 997 Schafer, Marco	Khomas	1.35m	3
--- 799 Ndarakana,	Omaheke	NH	
--- 800 Ndjoze, Tjiuno	Omaheke	NH	
--- 772 Haoseb, Gonzales	Omaheke	NH	
--- 793 Mbaisa, Richman	Omaheke	NH	

Event 59 Girls 12-13 Shot Put 3kg

NSSU: 10.62m #

Name	School	Finals	
1 360 Claasen, Nadia	Erongo	9.04m	10
2 254 Vermaak, L	Hardap	8.79m	8
3 255 Labuschagne, A	Hardap	8.27m	6
4 981 Hidjou, Winny	Erongo	7.67m	5
5 361 Eises, Lisa	Erongo	7.20m	4

Event 63 Boys 18-19 5000 Meter Run

NSSU: 15:01.90 #

Name	School	Finals	
1 75 Uwgwanga, Elia	Oshikoto	15:41.47	10
2 583 Tobias, Hafeni	Ohangwena	15:48.66	8
3 582 Shikongo, Cristimas	Ohangwena	15:52.23	6
4 914 Haukongo, Naftal	Omusati	15:56.19	5
5 921 Kalumbu, Abisai	Omusati	16:17.65	4
6 124 Wilbard, Tuuliki	Oshana	16:21.91	3
--- 948 Tadeus, Demetrius	Omusati	NT	
--- 465 Shuulula, Timotheus	Erongo	NT	

Event 64 Boys 14-15 3000 Meter Run

NSSU: 9:30.62 # 3/27/201 Faustinus Mbamba

Name	School	Finals	
1 623 Mbamba, Faustinus	Kavango	9:30.62#	10
2 528 Shongora, Shirari	Otjozondjupa	9:38.37	8
3 563 Kamhulu, Martin	Ohangwena	9:38.57	6
4 935 Nuuyoma, Timoteus	Omusati	9:52.91	5
5 911 Endjala, Timoteus	Omusati	9:53.81	4
6 926 Lukas, Shigweda	Omusati	9:54.08	3
--- 303 Rooi, Chris	Hardap	NT	
--- 946 Shoozi, Thomas	Omusati	NT	
--- 765 Gariseb, Johannes	Omaheke	NT	
--- 872 Jossop, Aloysius	Karas	NT	

Event 65 Girls 16-17 3000 Meter Run

NSSU: 9:44.82 #

Name	School	Finals	
1 605 Nghinaunye,	Ohangwena	10:09.38	10
2 607 Mwatotele, Teopolina	Ohangwena	10:10.40	8
3 908 Angula, Ndinela	Omusati	10:14.78	6
4 118 Shangula, Rebbeka	Oshana	10:47.03	5
5 916 Iipinga, Hileni	Omusati	10:48.42	4
6 933 Negumbo, Saima	Omusati	10:51.04	3
--- 919 Jafet, Hileni	Omusati	NT	
--- 44 Elifas, Theresia	Oshikoto	NT	
--- 647 Haingura, Emilie	Kavango	NT	

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Event 66 Girls 18-19 3000 Meter Run

NSSU: 9:30.98 #

Name	School	Finals
1 615 Razarus, Ester	Ohangwena	10:14.19 10
2 616 Ihanghangwa,	Ohangwena	10:19.63 8
3 67 Ruben, Kristofina	Oshikoto	10:25.00 6
4 932 Naftal, Paulina	Omusati	10:33.25 5
5 131 Shidute, Sylvia	Oshana	11:23.51 4
6 918 Iiyambo, Suama	Omusati	11:24.53 3

Event 67 Boys 16-17 3000 Meter Run

NSSU: 8:41.73 #

Name	School	Finals
1 572 Herman, Petrus	Ohangwena	9:12.59 10
2 943 Shikongo, Johannes	Omusati	9:27.25 8
3 917 Iita, Matheus	Omusati	9:41.31 6
4 923 Kashululu, Paulus	Omusati	9:52.42 5
5 565 Mbeeli, Johaanes	Ohangwena	9:56.69 4
6 934 Nghipundjuua, Daniel	Omusati	10:22.31 3

Event 68 Girls 14-15 Long Jump

NSSU: 5.48m #

Name	School	Finals
1 144 Esterhuizen, Lizelle	Khomas	4.85m 10
2 260 Le Roux, Yolandi	Hardap	4.80m 8
3 873 Junius, Olivia	Karas	4.78m 6
4 23 Louw, Jean - Marie	Oshikoto	4.60m 5
5 101 Shikwaya, Secilia	Oshana	4.33m 4

Event 69 Boys 18-19 Discus Throw 1.75kg

NSSU: 49.02m #

Name	School	Finals
1 856 Berry, John	Karas	35.74m 10
2 248 Deysel, Johan	Khomas	34.82m 8
3 78 Pinehas, Sakaria	Oshikoto	33.30m 6
4 247 Dicothiche, Leroy	Khomas	32.28m 5
5 543 Deysel, Johan	Otjondjupa	31.80m 4
6 999 Ellis, Gideon	Hardap	23.84m 3

Event 70 Boys 14-15 High Jump

NSSU: 1.75m #

Name	School	Finals
1 199 Mutonga, Dylan	Khomas	1.71m 10
2 436 Pieters, Rudie	Erongo	1.65m 8
3 519 Venter, Steve	Otjondjupa	J1.65m 6
4 204 Wyngaardt, Rayno	Khomas	J1.65m 5
5 520 Du Toit, F.	Otjondjupa	1.60m 4
6 679 Gurirab, Desederius	Kunene	J1.60m 3
7 200 Amseb, Ambrosius	Khomas	J1.60m 2
8 977 Husselman, Keanan	Hardap	1.55m 1
9 437 Aggenbag, Corne	Erongo	J1.55m
11 884 Mckay, Ronald	Karas	J1.50m
11 305 Van Wyk, Bjorn	Hardap	J1.50m
--- 203 Shimi, Samuel	Khomas	NH
--- 202 Hazam, Vernon	Khomas	NH
--- 772 Haoseb, Gonzales	Omaheke	NH

Event 71 Boys 16-17 Javelin Throw 700g

NSSU: 64.85m #

Name	School	Finals
1 893 Smith, Jandre	Karas	55.90m 10
2 991 Llabuscagne,	Omaheke	53.46m 8
3 423 Grobler, Nian	Erongo	52.92m 6
4 542 Poggenpoel, SJ	Otjondjupa	48.75m 5
5 457 Groenewaldt, Shilako	Erongo	48.60m 4
6 658 Visser, Divan	Otjondjupa	48.59m 3
7 332 Booysen, Wikus	Hardap	47.12m 2
8 333 Johr, Walter	Hardap	44.56m 1
9 539 Kupaha, Mbaukua	Otjondjupa	35.54m

Event 72 Girls 14-15 Shot Put 4kg

NSSU: 10.87m #

Name	School	Finals
1 146 Witman, Sune	Khomas	10.76m 10
2 487 Henle, M	Otjondjupa	9.39m 8
3 492 Kuhn, S	Otjondjupa	8.94m 6
4 982 Muzenqua, Werisuta	Erongo	8.88m 5
5 1000 Otto, Marlize	Oshikoto	8.36m 4
6 377 Izaaks, Naomi	Erongo	8.17m 3
7 148 Van Wyk, Brunita	Khomas	7.96m 2
8 147 Maritz, Dawn	Khomas	7.84m 1
9 149 Van Zyl, Leandra	Khomas	7.64m

Event 73 Girls 12-13 Long Jump

NSSU: 4.93m #

Name	School	Finals
1 748 Rabe, Chani	Khomas	4.82m 10
2 358 Kruger, Kristin	Erongo	4.71m 8
3 2 Potgieter, Chris - Mari	Oshikoto	4.36m 6
4 675 Dambelela, Shiloteni	Kunene	4.34m 5
5 250 Swartz, Daviana	Hardap	4.32m 4
6 749 Muheua, Juliet	Khomas	4.20m 3
7 85 Uutoni, Lavinia	Oshana	3.81m 2
8 676 Aebes, Desmanda	Kunene	3.80m 1

Event 74 Boys 18-19 High Jump

NSSU: 2.15m #

Name	School	Finals
1 239 Imalwa, Klepas	Khomas	1.85m 10
2 339 Nuseb, Dawid	Hardap	J1.85m 8
3 545 Amutenya, A	Otjondjupa	J1.85m 6
4 238 Isaacs, C	Khomas	1.80m 5
5 341 Greeff, Andries	Hardap	J1.80m 4
6 240 Kejarukua, Ukutura	Khomas	J1.80m 3
7 342 Abrahams, Renicity	Hardap	1.75m 2
8 711 Phillips, Norman	Kunene	1.70m 1
9 797 Nanub, Elrich	Omaheke	J1.70m

Event 75 Boys 14-15 Discus Throw 1kg

NSSU: 44.65m #

Name	School	Finals
1 520 Du Toit, F.	Otjondjupa	35.90m 10
2 522 Hatting, Reinhardt	Otjondjupa	35.56m 8
3 194 Retief, J	Khomas	35.50m 6
4 193 Rademeyer, Wilhelm	Khomas	33.86m 5
5 195 V.D. Westhuizen, J	Khomas	33.40m 4
6 310 Kusch, Annou	Hardap	31.82m 3

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(Event 75 Boys 14-15 Discus Throw 1kg)

Name	School	Finals
7 437 Aggenbag, Corne	Erongo	29.52m 2
8 864 Dumeni, Asser	Karas	28.40m 1
9 90 Mateus, Ivo	Oshana	22.28m

Event 76 Girls 12-13 200 Meter Hurdles

NSSU: 33.30 #

Name	School	Finals
1 358 Kruger, Kristin	Erongo	35.16 10
2 348 Tjirongo, L	Hardap	35.99 8
3 347 Katjuanjo, V	Hardap	36.33 6
4 8 Koko, Mariaan	Oshikoto	36.89 5
5 745 Mungunda, Bianca	Khomas	37.90 4

Event 77 Boys 12-13 200 Meter Hurdles

NSSU: 31.52 #

Name	School	Finals
1 722 Van Wyk, Z	Khomas	32.00 10
2 723 Steenkamp, Kristof	Khomas	34.51 8
3 14 Lambert, Pierre	Oshikoto	34.92 6

Event 78 Girls 14-15 200 Meter Hurdles

NSSU: 32.09 # 3/27/201 Chene Bester

Name	School	Finals
1 22 Bester, Chene	Oshikoto	32.09# 10
2 140 Brits, Eileen	Khomas	33.70 8
3 137 Bassingthwaighte,	Khomas	35.10 6
4 138 Mavejona, Menaye	Khomas	36.13 5

Event 79 Boys 14-15 200 Meter Hurdles

NSSU: 27.10 #

Name	School	Finals
1 188 Du Plooy, Abraham	Khomas	28.71 10
2 190 Puriza, Freddy	Khomas	29.61 8
3 35 Damaseb, Paul	Oshikoto	30.23 6

Event 80 Girls 16-17 400 Meter Hurdles

NSSU: 55.21 #

Name	School	Finals
1 159 De Klerk, Lisa	Khomas	72.35 10
2 158 Engels, Liz - Mari	Khomas	74.47 8
3 156 Deysel, Jocell	Khomas	1:26.18 6

Event 81 Boys 16-17 400 Meter Hurdles

NSSU: 41.98 #

Name	School	Finals
1 216 Van Vuuren,	Khomas	61.96 10
2 215 Van Staden, Frans	Khomas	64.71 8
3 209 Fischer, Faizel	Khomas	64.81 6
--- 217 Kotze, Wouron	Khomas	NT

Event 82 Girls 18-19 400 Meter Hurdles

NSSU: 60.02 #

Name	School	Finals
1 171 Engels, Cari	Khomas	65.35 10
2 952 Labuschagne,	Khomas	68.87 8
3 172 Engelbrecht, Amorie	Khomas	70.72 6
--- 173 Bock, Jenneve	Khomas	NT

Event 83 Boys 18-19 400 Meter Hurdles

NSSU: 51.83 #

Name	School	Finals
1 236 Mbuende, Ronald	Khomas	59.01 10
2 233 Krauss, Herman	Khomas	59.31 8
3 229 Karuumbwe,	Khomas	62.13 6
4 237 Kandjou,	Khomas	62.25 5
5 996 Wellman, Neil	Erongo	67.46 4

Event 84 Girls 12-13 Discus Throw 750g

NSSU: 29.96m #

Name	School	Finals
1 257 Isaacs, Tammy - Lee	Hardap	24.14m 10
2 255 Labuschagne, A	Hardap	23.92m 8
3 853 Asino, Uiliko	Karas	20.34m 6
4 900 Van Zyl, Carol	Karas	20.16m 5
5 801 Nghishoona, Pauline	Omaheke	20.06m 4
6 754 Nphsloo, Elaine	Khomas	19.20m 3
7 10 Mans, Zandalee	Oshikoto	17.10m 2
8 256 Cooper, Rozane	Hardap	16.40m 1

Event 85 Boys 18-19 Long Jump

NSSU: 7.44m #

Name	School	Finals
1 343 Mouton, Alberto	Hardap	6.69m 10
2 334 Eichab, Eben	Hardap	6.58m 8
3 710 Mororua, Wimpy	Kunene	6.43m 6
4 335 De Klerk, Ivanho	Hardap	6.39m 5
5 242 Kustaa, Himee	Khomas	6.28m 4
6 988 Shikongo, Greg	Erongo	6.24m 3
7 243 Russlin, Kuhinguana	Khomas	5.41m 2
--- 239 Imalwa, Klepas	Khomas	ND

Event 86 Girls 14-15 Javelin Throw 600g

NSSU: 39.79m # 3/26/201 Sune Witman

Name	School	Finals
1 146 Witman, Sune	Khomas	39.79m# 10
2 489 Kakumai, D	Otjozondjupa	32.61m 8
3 151 Aucamp, Julinde	Khomas	29.38m 6
4 487 Henle, M	Otjozondjupa	28.35m 5
5 27 Mans, Monique	Oshikoto	25.90m 4
6 150 Coetzee, Melvourine	Khomas	25.27m 3
7 266 Bindeman, Chrizette	Hardap	24.58m 2
--- 265 Hamutenya, Inga	Hardap	ND

Event 87 Girls 12-13 100 Meter Dash

NSSU: 12.87 #

Name	School	Prelims
Preliminaries		
1 352 Iishuki, Merjam	Erongo	13.12q
2 481 Kaure, Kauraere	Otjozondjupa	13.61q
3 671 Stacy, Nanuses	Kunene	13.69q
4 479 Hunibes, S	Otjozondjupa	13.72q
5 775 Kajovi, Vetjemisa	Omaheke	13.76q
6 250 Swartz, Daviana	Hardap	13.88q
7 584 Kadenga, Rebecca	Ohangwena	14.06q
8 636 Petrus, Theresia	Kavango	14.26q
9 672 Tjavara,	Kunene	14.45
10 670 Tjivikua,	Kunene	14.66

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Preliminaries ... (Event 87 Girls 12-13 100 Meter Dash)

Name	School	Prelims
11 949 Tadeus, Orga	Omusati	14.98
12 833 Matengu, M	Caprivi	15.08
--- 251 Claasen, Charne	Hardap	NT
--- 735 Huheua, Juliet	Khomas	DQ
--- 639 Sikwete, Theresia	Kavango	DQ
--- 784 Kavari, Vasana	Omaheke	DQ

Event 87 Girls 12-13 100 Meter Dash

NSSU: 12.87 #

Name	School	Finals
Finals		
1 352 Iishuki, Merjam	Erongo	13.00 10
2 481 Kaure, Kauraere	Otjozondjupa	13.40 8
3 479 Hunibes, S	Otjozondjupa	13.66 6
4 584 Kadenga, Rebecca	Ohangwena	13.73 5
5 671 Stacy, Nanuses	Kunene	13.74 4
6 775 Kajovi, Vetjemisa	Omaheke	14.21 3
7 636 Petrus, Theresia	Kavango	14.26 2
8 250 Swartz, Daviana	Hardap	14.40 1

Event 88 Boys 12-13 100 Meter Dash

NSSU: 11.80 #

Name	School	Prelims
Preliminaries		
1 510 Katueze, Titus	Otjozondjupa	12.45q
2 717 Kauraise, Angelo	Khomas	12.46q
3 718 Bezuidenhoudt, E	Khomas	12.66q
4 286 Lawrence, Uriato	Hardap	12.77q
5 719 Ndeitunga, Tangeni	Khomas	12.87q
6 285 Visagie, Jose	Hardap	12.98q
7 661 Kavelia, Brendon	Kunene	13.23q
8 847 Sikalumbu, A	Caprivi	13.42q
9 79 Denzel, Mbangula	Oshana	13.52
10 515 Rooinasie, Johannes	Otjozondjupa	13.59
11 973 Van Zyl, Frederik	Kunene	13.72
12 552 Andreas, Hamutenya	Ohangwena	13.86
13 927 Matias, Heita	Omusati	14.31
14 551 Moyongo, Filipus	Ohangwena	14.88
--- 662 Tjuara, Vapanbauka	Kunene	NT
--- 409 Gurirab, Geno	Erongo	NT

Event 88 Boys 12-13 100 Meter Dash

NSSU: 11.80 #

Name	School	Finals
Finals		
1 510 Katueze, Titus	Otjozondjupa	12.35 10
2 717 Kauraise, Angelo	Khomas	12.66 8
3 718 Bezuidenhoudt, E	Khomas	12.79 6
4 661 Kavelia, Brendon	Kunene	12.90 5
5 285 Visagie, Jose	Hardap	13.18 4
6 286 Lawrence, Uriato	Hardap	13.68 3
7 847 Sikalumbu, A	Caprivi	13.70 2

Event 89 Girls 14-15 100 Meter Dash

NSSU: 12.55 #

Name	School	Prelims
Preliminaries		
1 898 Van Staade, Jennefer	Karas	13.16q
2 486 Gaes, Chrisline	Otjozondjupa	13.27q
3 259 Snyders, Ashley	Hardap	13.31q
4 133 Katjitae, Rejoice	Khomas	13.32q
5 491 Kazapundua,	Otjozondjupa	13.38q
6 18 Nyambe, Sigfrid	Oshikoto	13.42q
7 806 Riesel, Marina	Omaheke	13.51q
8 873 Junius, Olivia	Karas	13.76q
9 686 Khamuxas, Estelin	Kunene	13.83
10 684 Kandi, Theopolitine	Kunene	14.02
11 820 Chombo, E	Caprivi	14.07
12 592 Kamhulu, Petrina	Ohangwena	14.66
--- 134 Kokuuakapi,	Khomas	NT
--- 258 V.D. Ross, ?	Hardap	NT
--- 96 Nakambonde, Taimi	Oshana	NT
--- 591 Ikanda, Helena	Ohangwena	DQ

Event 89 Girls 14-15 100 Meter Dash

NSSU: 12.55 #

Name	School	Finals
Finals		
1 898 Van Staade, Jennefer	Karas	13.06 10
2 18 Nyambe, Sigfrid	Oshikoto	13.14 8
3 133 Katjitae, Rejoice	Khomas	13.18 6
4 486 Gaes, Chrisline	Otjozondjupa	13.24 5
5 259 Snyders, Ashley	Hardap	13.27 4
6 806 Riesel, Marina	Omaheke	13.39 3
7 491 Kazapundua,	Otjozondjupa	13.53 2
8 873 Junius, Olivia	Karas	13.79 1

Event 90 Boys 14-15 100 Meter Dash

NSSU: 11.37 # 3/27/201 Bassanio Basson

Name	School	Prelims
Preliminaries		
1 180 Basson, Bassanio	Khomas	# 11.37q
2 425 Pieters, Ego	Erongo	11.47q
3 527 Ndifan, E	Otjozondjupa	11.53q
4 29 Samkange, Donald	Oshikoto	11.56q
5 657 Titus, Shareave	Otjozondjupa	11.63q
6 625 Nauseb, Sameul	Kavango	11.65q
7 181 Wemmert, Leighton	Khomas	11.71q
8 297 Van Vuuren, Gerdie	Hardap	11.72q
9 529 Talaya, Diago	Otjozondjupa	11.78
10 299 Bailey, Elrico	Hardap	11.86
11 93 Uushona, Paulus	Oshana	11.93
12 894 Swartbooi, Tolla	Karas	12.09
--- 841 Mwendamena, A	Caprivi	NT
--- 300 Diergaardt, Courtney	Hardap	NT
--- 91 Mbushange, Ekandjo	Oshana	NT
--- 30 Grobbelaar, Louis	Oshikoto	NT

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Event 90 Boys 14-15 100 Meter Dash

NSSU: 11.37 # 3/27/201 Bassanio Basson

Name	School	Finals	
Finals			
1 180 Basson, Bassanio	Khomas	11.67	10
2 657 Titus, Shareave	Otjozondjupa	11.71	8
3 425 Pieters, Ego	Erongo	11.74	5.5
3 527 Ndifan, E	Otjozondjupa	11.74	5.5
5 181 Wemmert, Leighton	Khomas	11.87	4
6 29 Samkange, Donald	Oshikoto	11.91	3
7 297 Van Vuuren, Gerdie	Hardap	12.08	2
8 625 Nauseb, Sameul	Kavango	12.92	1

Event 91 Girls 16-17 100 Meter Dash

NSSU: 11.87 #

Name	School	Prelims	
Preliminaries			
1 779 Kamusuvise, Vivian	Omaheke	12.37q	
2 648 Ngundu, Lisa	Kavango	12.44q	
3 497 Mbunga, Rinouzeu	Otjozondjupa	12.63q	
4 38 Moolman, Nadine	Oshikoto	12.69q	
5 268 Hamunyela, Penny	Hardap	12.75q	
6 152 Britz, Cornel	Khomas	12.81q	
7 267 Van Wyk, Chanelle	Hardap	12.97q	
8 112 Shiyakela, Ottilie	Oshana	13.03q	
9 153 Noreses, Lena	Khomas	13.14	
10 113 Haimbodi, Rosalia	Oshana	13.28	
11 838 Mundiya, JS	Caprivi	13.34	
12 942 Shihepo,	Omusati	13.46	
--- 846 Nkando, T	Caprivi	NT	
--- 701 Mawikaume, Kenare	Kunene	NT	
--- 649 Ndara, Magdalena	Kavango	NT	
--- 913 Hamutenya, Laina	Omusati	NT	

Event 91 Girls 16-17 100 Meter Dash

NSSU: 11.87 #

Name	School	Finals	
Finals			
1 152 Britz, Cornel	Khomas	12.34	10
2 497 Mbunga, Rinouzeu	Otjozondjupa	12.59	8
3 648 Ngundu, Lisa	Kavango	12.60	6
4 38 Moolman, Nadine	Oshikoto	12.68	5
5 268 Hamunyela, Penny	Hardap	12.69	4
6 267 Van Wyk, Chanelle	Hardap	13.01	3
--- 112 Shiyakela, Ottilie	Oshana	NT	
--- 779 Kamusuvise, Vivian	Omaheke	DQ	

Event 92 Boys 16-17 100 Meter Dash

NSSU: 10.60 #

Name	School	Prelims	
Preliminaries			
1 205 Pieterse, Fred Charles	Khomas	10.69q	
2 206 Mutjivikua, Kevii	Khomas	11.22q	
2 208 Martin, Yoran	Khomas	11.22q	
4 316 V.D.Merwe, ?	Hardap	11.28q	
5 531 Eiman, Hewan	Otjozondjupa	11.31q	
6 783 Kauajo, Tjimbatu	Omaheke	11.34q	
7 314 Delie, Lovelle	Hardap	11.50q	

8 107 Nenkvu, Benjamin	Oshana	11.58q	
9 831 Masuka, K	Caprivi	11.92	
10 688 Gua-goab, Brunden	Kunene	14.36	
--- 315 Snyders, Steve	Hardap	NT	
--- 109 Nuyoma, Isack	Oshana	NT	
--- 51 Cronje, Pierre	Oshikoto	DNF	
--- 442 Nash, Ashton	Erongo	DNF	
--- 52 Tsauseb, Cyril	Oshikoto	DQ	
--- 207 Kandjii, Donovan	Khomas	DQ	

Event 92 Boys 16-17 100 Meter Dash

NSSU: 10.60 #

Name	School	Finals	
Finals			
1 205 Pieterse, Fred Charles	Khomas	10.65	10
2 206 Mutjivikua, Kevii	Khomas	11.06	8
3 208 Martin, Yoran	Khomas	11.13	6
4 783 Kauajo, Tjimbatu	Omaheke	11.22	5
5 531 Eiman, Hewan	Otjozondjupa	11.78	4
--- 107 Nenkvu, Benjamin	Oshana	NT	
--- 316 V.D.Merwe, ?	Hardap	NT	
--- 314 Delie, Lovelle	Hardap	DQ	

Event 93 Girls 18-19 100 Meter Dash

NSSU: 11.87 #

Name	School	Prelims	
Preliminaries			
1 167 Daimond, Merlin	Khomas	12.39q	
2 168 Jacobs, Jolene	Khomas	12.47q	
3 66 Bardenhorst, Jean -	Oshikoto	12.78q	
4 65 Damases, Anthea	Oshikoto	13.14q	
5 713 Engelbrecht, Petra	Kunene	13.22q	
6 608 Nakanyala, Elizabeth	Ohangwena	13.50q	
7 280 Cloete, Meliza	Hardap	13.52q	
8 609 Luuli, Frieda	Ohangwena	13.77q	
9 169 Von Francois, Atalia	Khomas	13.82	
10 129 Shikange, Anabelia	Oshana	13.84	
11 504 Shongora, Veronica	Otjozondjupa	14.33	
12 653 Ntsamba, Tabita	Kavango	14.36	
--- 969 Musambani, Nancy	Erongo	NT	
--- 130 Muyelutha, Vistorina	Oshana	NT	

Event 93 Girls 18-19 100 Meter Dash

NSSU: 11.87 #

Name	School	Finals	
Finals			
1 167 Daimond, Merlin	Khomas	12.24	10
2 168 Jacobs, Jolene	Khomas	12.71	8
3 66 Bardenhorst, Jean -	Oshikoto	12.89	6
4 65 Damases, Anthea	Oshikoto	13.15	5
5 713 Engelbrecht, Petra	Kunene	13.37	4
6 608 Nakanyala, Elizabeth	Ohangwena	13.70	3
7 609 Luuli, Frieda	Ohangwena	14.05	2

Event 94 Boys 18-19 100 Meter Dash

NSSU: 10.27 #

Name	School	Prelims	
Preliminaries			
1 550 Uri- Khob, Jesse	Otjozondjupa	10.92q	

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Preliminaries ... (Event 94 Boys 18-19 100 Meter Dash)

Name	School	Prelims
2 334 Eichab, Eben	Hardap	11.00q
3 73 Paulus, Phillip	Oshikoto	11.04q
4 227 Krohne, Zanderio	Khomas	11.19q
5 229 Karuuombe,	Khomas	11.25q
6 807 Saul, Renus	Omaheke	11.35q
7 228 Henkert, Wilbur	Khomas	11.39q
8 993 Skrywer, Armando	Omaheke	11.45q
9 335 De Klerk, Ivanho	Hardap	11.65
10 939 Pius, Puriza	Omusati	11.75
11 574 Joseph, Fanuel	Ohangwena	11.88
12 915 Helmut, Nekwaya	Omusati	11.89
13 121 Wilbard, Ipinge	Oshana	11.93
14 827 Litaba, S	Caprivi	12.24
15 120 Gabriel, Jonas	Oshana	12.68
--- 707 Nukuru, Iven	Kunene	NT
--- 826 Likando, M	Caprivi	DQ

Event 94 Boys 18-19 100 Meter Dash

NSSU: 10.27 #

Name	School	Finals
Finals		
1 550 Uri- Khob, Jesse	Otjozondjupa	10.97 10
2 73 Paulus, Phillip	Oshikoto	11.15 8
3 334 Eichab, Eben	Hardap	11.21 6
4 229 Karuuombe,	Khomas	11.38 5
5 227 Krohne, Zanderio	Khomas	11.54 4
6 993 Skrywer, Armando	Omaheke	11.59 3
7 807 Saul, Renus	Omaheke	11.73 2

Event 95 Girls 18-19 Triple Jump

NSSU: 11.50m #

Name	School	Finals
--- 506 Kahl, C	Otjozondjupa	ND
--- 171 Engels, Cari	Khomas	ND

Event 96 Boys 12-13 Long Jump

NSSU: 5.50m #

Name	School	Finals
1 717 Kauraise, Angelo	Khomas	5.39m 10
2 665 Tjimbizi, Zapandavi	Kunene	5.32m 8
3 974 DE Koe, Curtis	Erongo	5.12m 6
4 294 Januarie, Rozario	Hardap	5.03m 5
5 975 Sitwala, Likando	Erongo	4.92m 4
6 81 De Wet, Neil	Oshana	4.53m 3

Event 105 Boys 16-17 Triple Jump

NSSU: 14.58m #

Name	School	Finals
1 326 Rieckerts, Lou	Hardap	12.56m 10
2 327 Mouton, Herchell	Hardap	12.17m 8

Event 106 Girls 12-13 800 Meter Run

NSSU: 2:22.89 #

Name	School	Finals
1 640 Mberema, Maria	Kavango	2:26.81 10
2 587 Juline, Engelberth	Ohangwena	2:27.62 8
3 937 Paulus, Aguste	Omusati	2:30.75 6
4 905 Amakutsi, Fenny	Omusati	2:31.65 5

5 588 Joseph, Ndilao	Ohangwena	2:32.10 4
--- 4 Marlin, Saara	Oshikoto	NT
--- 922 Kandenga, Lita	Omusati	NT
--- 951 Xamenye, Joolokeni	Omusati	NT
--- 3 Coetzee, Kaluschka	Oshikoto	NT
--- 354 Garises, Kimberley	Erongo	NT
--- 738 Koekemoer, Z	Khomas	NT
--- 5 Hapulile, Hilma	Oshikoto	NT
--- 638 Mupo, Kandambo	Kavango	DQ

Event 107 Boys 12-13 800 Meter Run

NSSU: 2:09.20 #

Name	School	Finals
1 618 Matamu, Faustinus	Kavango	2:19.37 10
2 617 Mayavero, Markus	Kavango	2:20.00 8
3 621 Ndango, Erick	Kavango	2:21.19 6
4 13 Kanyeke, Johannes	Oshikoto	2:21.35 5
5 12 Awene, Samuel	Oshikoto	2:23.72 4
6 556 Johannes, Sackaria	Ohangwena	2:25.62 3
--- 781 Kashe, Robert	Omaheke	NT
--- 770 Goeieman, Abia	Omaheke	NT
--- 792 Matlata, Eben	Omaheke	NT
--- 756 Anton, Thomas	Omaheke	NT
--- 555 Mateus, Natangwe	Ohangwena	NT
--- 757 Araeb, Hendrik	Omaheke	NT

Event 108 Girls 14-15 800 Meter Run

NSSU: 2:19.63 #

Name	School	Finals
1 596 Shiweda, Johanna	Ohangwena	2:21.22 10
2 597 Nepando, Albertina	Ohangwena	2:21.65 8
3 940 Shapaka, Rebekka	Omusati	2:24.90 6
4 496 Zaukua,	Otjozondjupa	2:37.03 5
5 925 Kwedhi, Sylvia	Omusati	2:38.81 4
6 99 Immanuel, Olivia	Oshana	2:48.53 3
--- 785 Kayumba, Erica	Omaheke	NT
--- 930 Munkundi, Hileni	Omusati	NT
--- 97 Angula, Selma	Oshana	NT
--- 493 Marine, J	Otjozondjupa	NT
--- 767 Garoes, Rebeka	Omaheke	NT
--- 642 Nauyoma, Martha	Kavango	NT

Event 109 Boys 14-15 800 Meter Run

NSSU: 2:03.22 #

Name	School	Finals
1 623 Mbamba, Faustinus	Kavango	2:05.66 10
2 979 Cupido, JR	Erongo	2:07.38 8
3 526 Muundjua, Collin	Otjozondjupa	2:09.19 6
4 911 Endjala, Timoteus	Omusati	2:16.04 5
5 946 Shoozi, Thomas	Omusati	2:20.79 4
6 89 Sheyanale, Werner	Oshana	2:21.30 3
--- 882 Ludwig, Jefla	Karas	NT
--- 935 Nuuyoma, Timoteus	Omusati	NT
--- 897 Van Rensburg,	Karas	NT
--- 792 Matlata, Eben	Omaheke	NT
--- 524 Kasuto, Boas	Otjozondjupa	NT
--- 31 Kubeb, Jafet	Oshikoto	NT
--- 562 Nghifindwako,	Ohangwena	NT
--- 560 Ndulumba, Aron	Ohangwena	NT

Coca - Cola National Athletics Championship - 3/26/2010 to 3/27/2010

Track & Field

Windhoek Independence Stadium

Results

Event 110 Girls 16-17 800 Meter Run

NSSU: 2:13.36 #

Name	School	Finals
1 117 Moses, Klaudia	Oshana	2:19.69 10
2 116 Handjene, Julia	Oshana	2:22.00 8
3 916 Iipinga, Hileni	Omusati	2:24.53 6
4 904 Akundukila, Melanie	Omusati	2:27.34 5
5 702 Coetzer, Maryke	Kunene	2:27.60 4
6 919 Jafet, Hileni	Omusati	2:30.12 3
--- 908 Angula, Ndinela	Omusati	NT
--- 933 Negumbo, Saima	Omusati	NT
--- 498 Uemupinggena, Tjizu	Otjozondjupa	NT
--- 39 Abiater, Nadine	Oshikoto	NT
--- 604 Gabriel, Penehafo	Ohangwena	NT
--- 603 Kaupitwa, Julia	Ohangwena	NT

Event 111 Boys 16-17 800 Meter Run

NSSU: 1:50.70 #

Name	School	Finals
1 318 Links, Rodney	Hardap	2:02.35 10
2 570 Haufiku, Eben-Ezer	Ohangwena	2:03.78 8
3 630 Kanyetu, Lukas	Kavango	2:04.50 6
4 571 Jason, Sameul	Ohangwena	2:06.16 5
5 992 Maas, Donovan	Khomas	2:06.68 4
6 631 Mukuve, Paulus	Kavango	2:08.24 3
--- 878 Kedula, Robert	Karas	NT
--- 923 Kashululu, Paulus	Omusati	NT
--- 943 Shikongo, Johannes	Omusati	NT
--- 890 Shaanika, Simon	Karas	NT
--- 910 Ekanjo, Hiskiel	Omusati	NT
--- 54 Kanyemba, Teofelus	Oshikoto	NT
--- 762 Dawid, John	Omaheke	NT

Event 112 Girls 18-19 800 Meter Run

NSSU: 2:08.50 #

Name	School	Finals
1 613 Vilho, Ndapewa	Ohangwena	2:23.28 10
2 132 Johannes, Elim	Oshana	2:25.13 8
3 938 Paulus, Helena	Omusati	2:26.41 6
4 945 Shkomba, Mekondjo	Omusati	2:29.38 5
5 932 Naftal, Paulina	Omusati	2:30.39 4
6 918 Iiyambo, Suama	Omusati	2:31.23 3
--- 400 Tjakarera, Miteche	Erongo	NT
--- 614 Nambuli, Miryam	Ohangwena	NT

Event 113 Boys 18-19 800 Meter Run

NSSU: 1:52.60 #

Name	School	Finals
1 122 Reinhold, Tomas	Oshana	2:01.07 10
2 547 Katijjo, Mbeurora	Otjozondjupa	2:01.50 8
3 338 Kayoo, Thomas	Hardap	2:02.41 6
4 579 Ponhu, Hafeni	Ohangwena	2:04.18 5
5 580 Shidolo, Egdus	Ohangwena	2:05.23 4
6 948 Tadeus, Demetrius	Omusati	2:07.02 3
--- 921 Kalumbu, Abisai	Omusati	NT
--- 914 Haukongo, Naftal	Omusati	NT
--- 924 Kosmas, Lazurus	Omusati	NT
--- 74 Shipanga, Theodore	Oshikoto	NT
--- 549 Lukas, Steven	Otjozondjupa	NT

--- 634 Mukuve, Joseph Kavango NT

Event 122 Girls 16-17 Shot Put 4kg

NSSU: 12.81m # 3/26/201 C Engelbrecht

Name	School	Finals
1 499 Engelbrecht, C	Otjozondjupa	12.81m# 10
2 277 Le Roux, Jolene	Hardap	11.51m 8
3 49 Smit, Conette	Oshikoto	11.23m 6
4 660 Diekmann, Maike	Otjozondjupa	9.49m 5
5 50 De Witt, Chris - Mari	Oshikoto	9.17m 4
6 163 Liebenberg, Marizaan	Khomas	8.55m 3
7 164 Nortje, Anriette	Khomas	8.37m 2
--- 809 Silver, Nadine	Omaheke	ND
--- 392 Nolte, Bernice	Erongo	ND